

# GRACE NOTES—2020



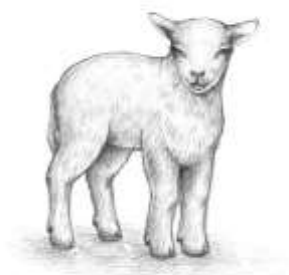
## HAPPENING THIS MONTH AT GRACE:

March 4th	Holy Eucharist & Soup Supper	5:30 p.m.
March 5th	Tai Chi Class	7:00 p.m.
March 7th	First Saturday Holy Eucharist	4:00 p.m.
March 10th	Parish Life Meeting	7:00 p.m.
	Parish Work Night	7:00 p.m.
March 11th	Holy Eucharist & Soup Supper	5:30 p.m.
March 12th	Outreach Meeting	3:00 p.m.
March 14th	Vestry Day	9:00 a.m.
March 18th	Holy Eucharist & Soup Supper	5:30 p.m.
	Finance Meeting	7:00 p.m.
March 19th	Tai Chi Class	7:00 p.m.
March 24th	Parish Work Night	7:00 p.m.
March 25th	Holy Eucharist & Soup Supper	5:30 p.m.
	Vestry Meeting	7:00 p.m.
March 26th	Tai Chi Class	7:00 p.m.

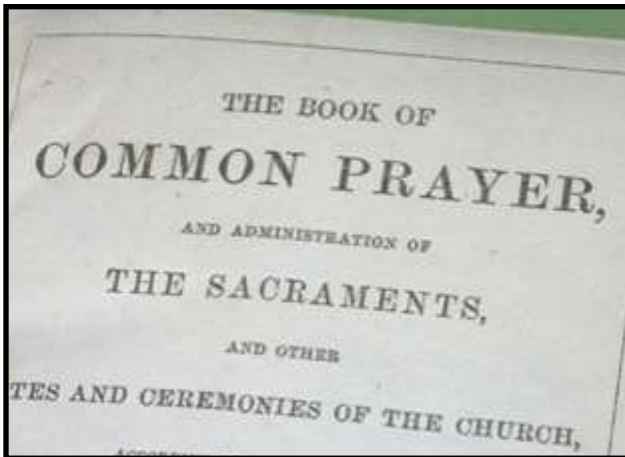


## SAVE THE DATE:

April 5th—12th	Holy Week	
May 16th	Diocesan Ministry Fair	8:30 a.m.—3:30 p.m.
June 6th	54th Annual Chicken BBQ	Noon— 6:00 p.m.
July 15th	Community Band Concert	7:00 p.m.—8:00 p.m.



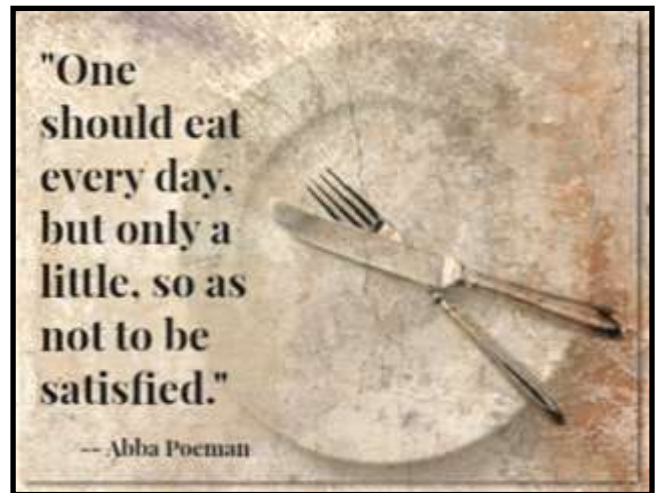
## MOTHER CATHY'S CORNER



On Ash Wednesday our Book of Common Prayer invites us, "...to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word".

All this is done as preparation for the observance of Holy Week and Easter. In the world we live in, this is really unusual stuff. Yes, fasting is sometimes a preparation for a wedding or class reunion, but the rest doesn't seem too related to celebrating Easter.

Too often Lent is seen as a rather grim season spent "bemoaning our manifold sins and wickedness", and "giving up" things that give us pleasure like chocolate or alcohol or television or Facebook. Or, it's viewed as a churchy kind of self-improvement program to be dispensed with as soon as Easter Sunday, with an excess of jelly beans and Peeps.



In reality, the prayer book isn't inviting a season of self-improvement or self-flagellation. It's inviting a kind of training, as one might train for a marathon.



Self-examination and repentance is something we do every time we pray the confession in church. On Ash Wednesday and on the Sundays in Lent, the penitential portion of our service is amplified. This year we begin on Sundays with the penitential rite at the beginning of the service. This gives us the opportunity to consider what might be separating us from fully loving God or our neighbor.



Prayer during the season might include attending an additional service of Holy Eucharist on Tuesday or Wednesday, reading and praying with the daily meditations from the Episcopal Relief and Development Lenten Meditations booklet, Forward Day by Day or another source, saying a daily rosary (Anglican or regular), or simply making a daily appointment on the calendar for personal prayer time.

Fasting in the Christian tradition generally means consuming less and usually simpler food. In addition to Ash Wednesday and Good Friday, the traditional fast days in Lent are Wednesdays and Fridays. In addition, some people choose to eliminate some kinds of food or drink like desserts or soda or alcohol as a Lenten discipline, while others avoid going out to eat and donate the money saved to a cause related to hunger.



And finally, reading and meditating on Holy Scripture. Simply reading and meditating on the means by which we come to know God, to love Jesus, and to follow him on the Way of Love. Reading through one gospel, slowly and meditatively might be a worthy objective.

Like the runner who trains for a marathon, the aim is to become stronger and able to do more, even after the target event. Our Lenten practices help us learn to turn away from things that don't bring us closer to God and to break selfish habits and establish new habits focused not on ourselves, but on others. And again, like marathon training, it's easier when done in the company of others, both to help us be accountable, and for mutual encouragement.



## FEBRUARY VESTRY MEETING HIGHLIGHTS

- 1) Approved the Annual Parochial Report for the Diocese.
- 2) Approved the purchase of an AED (automated external defibrillator) for Grace.
- 3) Approved the financial report for January. Grace is in fine shape.

## HOLY EUCHARIST & SOUP SUPPER

On Wednesdays at 5:30 p.m., beginning March 4 we will have a brief celebration of the Holy Eucharist in the Welcome Area. A simple supper of soup and bread will be available after the service at approximately 6:15.



## Lenten Meditation Materials

Please help yourselves to the Lenten meditation materials which are displayed in the Welcome Area. Grace has purchased Lenten booklets, bookmarks and mite boxes from the Episcopal Fund for Human Relief and Development. These items can assist you in entering more deeply into your Lenten devotional prayers and practices at home.



## Good Friday Episcopal Church Wide Offering



On Good Friday, offerings are invited from throughout The Episcopal Church to support the ministry of the dioceses of the Province of Jerusalem and the Middle East. Our contributions are used to assist them to promote peace and mutual understanding through pastoral care and health and educational programs throughout the region. At our 12:00 pm Stations of the Cross, and Good Friday Service at 7:00 p.m. our collection will go to this important ministry.

If you are unable to attend our 7:00 p.m. Good Friday Liturgy please prayerfully consider making a contribution by going to: [www.episcopalchurch.org/global-partnerships/good-Friday-offering](http://www.episcopalchurch.org/global-partnerships/good-Friday-offering)

## OUTREACH PROJECT FOR MARCH—PAPER TOWELS FOR FRANCIS HOUSE

### FRANCIS HOUSE MISSION STATEMENT

Francis House provides a home and extended family to persons with terminal illnesses so they can die with dignity surrounded by the unconditional love of God. We will use our lived experience as a resource for others.

### Core Values Of Francis House

Compassion, Unconditional Acceptance,  
Respect and Dignity.

This month we are sponsoring a paper towel collection for Francis House, a local organization that provides exceptional end of life care for those suffering from terminal illnesses.

Francis House is located at 108 Michaels Avenue, Syracuse, and serves the city, suburbs and surrounding areas. Francis House relies greatly on help from volunteers, as well as charitable groups and organizations, including churches.

Since one of their most needed pantry items is paper towels, please consider purchasing a few extra rolls next time you shop and deliver to Grace Church by the end of March. Thank You!

## GRACE'S FIRST SAMARITAN MEAL OF 2020

February 9<sup>th</sup> was the date of Grace's first Samaritan Meal of 2020. On a bright and sunny, but cold Sunday afternoon 20 members of our parish went to the Samaritan Center in Syracuse to prepare and serve a meal for 150 guests. This was less than the 300 we often serve, but only because it was early in the month when people had more alternative food choices. The following people gave up part of their weekend to help others: Sue and Skeet Allen, Roxanne and Rob Parmele, Diane Bowes, Nancy Fredette, Dave and Jill Ferrari, John and Jan Heisler, Joy Pople, Sharon Ney, Tina and Lou Santi, Kathy Tamblin, Brad Pettit, Elaine and Greg Ceresko, and Joan and Bob O'Brien. Everyone did an excellent job which was very much appreciated by the guests. This was all made possible by the generosity of the many parishioners who contributed to the cost of the meal.



Our second Samaritan Meal of the year will be on Sunday, May 31st. Please consider joining us.

*Thank you*

## LENTEN LUNCHEON SERIES — FRIDAYS: FIRST UNITED METHODIST CHURCH

On Fridays during Lent Church Women United and Baldwinsville Ministerial Association are sponsoring a Meditation at 12:05 p.m. followed by a Luncheon. Each week features a different speaker sent from a local church. Donations of canned goods, paper and soap products will be collected for the food pantry.

March 6—Rev. Jeanine Haven, First Presbyterian

*with Grace Church sponsoring the Luncheon*

March 13—Rev. Carl Chapman, Community Wesleyan

March 20—Rev. Hannah Benedict, St. Mark's Lutheran

March 27—Rev. William Mudge, First United Methodist

April 3—Rev. Mike Grinalls, Plainville Christian Church

April 10—TBA Speaker, no Luncheon



## ALTAR DECORATION COORDINATOR



Grace Church is currently seeking someone to coordinate our altar decoration memorials. This person would help schedule the Memorial Altar Decorations which are displayed at Sunday Services. If you are interested please let Mother Cathy know, or speak to Jonathan in the office. A new sign up system will be in place shortly which will make this process smooth and easy.

We greatly thank Phyllis Brown who did a wonderful job this past year, but has decided to focus on her other responsibilities as a vestry person.

## LENTEN VOLUNTEERISM

Are you tired of giving up the same things every Lent? This season why not ask God to direct you into a new lay ministry at Grace Church? Prayerfully consider making a Lenten sacrifice of your time by devoting yourself to one of the various volunteer opportunities at Grace Church.

“Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God

## PARISH LIFE TAI CHI

Parish Life is offering four Tai Chi classes to be held on Thursday March 5, March 19, and March 26 at 7 p.m. This is open to parish members and those friends they wish to invite. In lieu of a class fee, participants are asked to make a monetary donation or a non-perishable food item. These donations will be given to the Baldwinsville Food Pantry. This was a well-liked and attended program last year. Many used it as part of their Lenten discipline. Ann Pia will return as our teacher.



### HOLY WEEK SCHEDULE

April 5	Palm Sunday Services <i>Holy Eucharist: 8am — Rite I, 11am — Rite II</i>	8:00 a.m. & <u>11:00 a.m.</u>
April 7	Tuesday Holy Eucharist Tuesday Forum	12:00 p.m. 1:00 p.m.
April 9	Maundy Thursday <i>Holy Eucharist with Foot Washing</i>	7:00 p.m.
April 10	Stations of the Cross Good Friday Liturgy <i>Proper Liturgy with Holy Communion</i>	12:00 p.m. 7:00 p.m.
April 11	Great Vigil of Easter	<u>8:00 p.m.</u>
April 12	Easter Day Services <i>Holy Eucharist: 8am — Rite I, 11am — Rite II</i>	8:00 a.m. & <u>11:00 a.m.</u>



Website: GraceEpiscopalBaldwinsville.org

315 635 3214

Office Hours: Mon & Thurs. 12:00 p.m. — 4:00 p.m., Tue & Wed 12:00 p.m. — 5:00 p.m.

110 Oswego Street, Baldwinsville, NY 13027

**HOLY EUCHARIST**

Sundays - 8:00 a.m. & 10:30 a.m.

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Tuesdays - 12:00 Noon

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First Saturday Holy Eucharist - 4:00 p.m.



**Grace Episcopal Church**  
**P.O. Box 6, 110 Oswego Street**  
**Baldwinsville, NY 13027 - 0006**